

GENE VAN WYK
MEMORIAL RUN/WALK
Saturday, March 26, 2016
Pella, Iowa

5K RESULTS

| Place | Div/Tot | Name | City | St | Age | S | Time | Pace |
|-------|---------|--------------------|--------------|----|-----|---|-------|------|
| 1 | 1/16 | Darin Schuknecht | Otley | IA | 33 | M | 17:21 | 5:35 |
| 2 | 2/16 | Matt Hackman | Lenexa | KS | 33 | M | 17:23 | 5:36 |
| 3 | 1/8 | Bryan Rutledge | Cedar Falls | IA | 27 | M | 17:40 | 5:42 |
| 4 | 2/8 | Luke Lorfield | Orange City | IA | 21 | M | 18:24 | 5:56 |
| 5 | 1/13 | Josiah Wittenberg | Pella | IA | 13 | M | 18:42 | 6:02 |
| 6 | 1/18 | Chris Ver Meer | Pella | IA | 40 | M | 18:49 | 6:04 |
| 7 | 1/7 | Drew Van Hauen | Pella | IA | 15 | M | 19:04 | 6:08 |
| 8 | 2/7 | Micah Wittenberg | Pella | IA | 18 | M | 19:17 | 6:13 |
| 9 | 3/8 | Peter Burr | Saint Robert | MO | 26 | M | 20:13 | 6:31 |
| 10 | 1/20 | Heather Ware | Ottumwa | IA | 27 | F | 20:20 | 6:33 |
| 11 | 3/7 | Carter Huyser | Oskaloosa | IA | 15 | M | 20:40 | 6:39 |
| 12 | 1/28 | Valerie Keegan | Pella | IA | 35 | F | 20:44 | 6:41 |
| 13 | 1/10 | Craig Wittenberg | Pella | IA | 51 | M | 20:47 | 6:42 |
| 14 | 4/8 | David Bouska | Pella | IA | 25 | M | 21:00 | 6:46 |
| 15 | 3/16 | Kyle Punt | Pella | IA | 38 | M | 21:07 | 6:48 |
| 16 | 4/16 | Tom Baltzer | Hooper | NE | 35 | M | 21:21 | 6:53 |
| 17 | 5/16 | Tyler Schiferl | Pella | IA | 30 | M | 21:21 | 6:53 |
| 18 | 2/10 | Mark Zimmer | Kesley | IA | 58 | M | 21:29 | 6:55 |
| 19 | 2/18 | John Milligan | Pella | IA | 45 | M | 21:47 | 7:01 |
| 20 | 2/28 | Sara Chance | Ottumwa | IA | 34 | F | 21:48 | 7:01 |
| 21 | 3/28 | Amy Branderhorst | Pella | IA | 32 | F | 21:56 | 7:04 |
| 22 | 4/28 | Lisa Ver Meer | Pella | IA | 36 | F | 22:14 | 7:10 |
| 23 | 3/18 | Jason Blommers | Pella | IA | 44 | M | 22:22 | 7:12 |
| 24 | 5/28 | Sheila Punt | Pella | IA | 38 | F | 22:25 | 7:13 |
| 25 | 2/20 | Natasha Nikkel | Sully | IA | 27 | F | 22:26 | 7:14 |
| 26 | 5/8 | John Henry | Pella | IA | 28 | M | 22:27 | 7:14 |
| 27 | 4/18 | Brent Van Hauen | Pella | IA | 40 | M | 22:37 | 7:17 |
| 28 | 3/20 | Courtney Van Wyk | Pella | IA | 26 | F | 22:54 | 7:22 |
| 29 | 4/20 | Lacey Beenken | Bancroft | IA | 29 | F | 22:54 | 7:23 |
| 30 | 6/16 | Seth Beenken | Bancroft | IA | 30 | M | 22:55 | 7:23 |
| 31 | 7/16 | Justin Leahy | Knoxville | IA | 33 | M | 22:58 | 7:24 |
| 32 | 4/7 | Nathan Ver Meer | Pella | IA | 16 | M | 23:16 | 7:30 |
| 33 | 1/9 | Jaclyn Holmes | Tracy | IA | 11 | F | 23:18 | 7:30 |
| 34 | 1/10 | Marilyn Ver Meer | Pella | IA | 67 | F | 23:25 | 7:33 |
| 35 | 5/7 | Sam Lensing | Pella | IA | 17 | M | 23:30 | 7:34 |
| 36 | 3/10 | Brent Pierson | Pella | IA | 50 | M | 23:36 | 7:36 |
| 37 | 6/7 | Ben Diehl | Pella | IA | 17 | M | 23:44 | 7:39 |
| 38 | 4/10 | Keith Comfort | Oskaloosa | IA | 57 | M | 23:45 | 7:39 |
| 39 | 5/18 | Seth Hatfield | Cedar Rapids | IA | 42 | M | 23:49 | 7:40 |
| 40 | 2/13 | Issac Kacmaryski | Pella | IA | 11 | M | 24:08 | 7:46 |
| 41 | 1/12 | Tysen De Vries | Pella | IA | 10 | M | 24:09 | 7:47 |
| 42 | 5/20 | Hannah Mason | Oskaloosa | IA | 24 | F | 24:14 | 7:48 |
| 43 | 2/12 | Sawyer Meinders | Pella | IA | 8 | M | 24:14 | 7:48 |
| 44 | 6/18 | Chad Johnston | Knoxville | IA | 40 | M | 24:16 | 7:49 |
| 45 | 1/15 | Kelsey Blommers | Pella | IA | 17 | F | 24:16 | 7:49 |
| 46 | 1/18 | Janean Griffith | Des Moines | IA | 56 | F | 24:27 | 7:53 |
| 47 | 8/16 | Will Van Wyngarden | Pella | IA | 35 | M | 24:32 | 7:54 |
| 48 | 6/28 | Deanne Breems | Pella | IA | 38 | F | 24:37 | 7:56 |
| 49 | 1/7 | Fred Kreykes | Pella | IA | 65 | M | 24:38 | 7:56 |
| 50 | 2/15 | Lindsay Breon | Oskaloosa | IA | 15 | F | 24:53 | 8:01 |
| 51 | 3/13 | Micah De Haan | Pella | IA | 11 | M | 24:56 | 8:02 |

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|-----|-------|----------------------|----------------|----|------|-------|------|
| 52 | 2/7 | Andrew Hazer | Columbia | IA | 66 M | 24:57 | 8:02 |
| 53 | 1/29 | Nariza Fuller | Runnells | IA | 40 F | 25:12 | 8:07 |
| 54 | 7/18 | Brad Engbers | Pella | IA | 49 M | 25:12 | 8:07 |
| 55 | 2/9 | Addi Carter | Oskaloosa | IA | 11 F | 25:23 | 8:11 |
| 56 | 9/16 | Dan Branderhorst | Pella | IA | 33 M | 25:29 | 8:13 |
| 57 | 3/12 | Colton Anderson | Oskaloosa | IA | 10 M | 25:36 | 8:15 |
| 58 | 7/28 | Brittney Altwine | Pella | IA | 35 F | 25:37 | 8:15 |
| 59 | 3/9 | Annaliese Admiraal | Pella | IA | 14 F | 25:41 | 8:16 |
| 60 | 8/18 | Joel Ruisch | Pella | IA | 45 M | 25:48 | 8:19 |
| 61 | 2/18 | Lana Degroot | Oskaloosa | IA | 54 F | 25:52 | 8:20 |
| 62 | 5/10 | Jeffrey Mullin | Keokuk | IA | 55 M | 25:58 | 8:22 |
| 63 | 2/29 | Angela Veenstra | Lynnvilleville | IA | 41 F | 26:15 | 8:27 |
| 64 | 4/12 | Isaiah Breems | Pella | IA | 10 M | 26:19 | 8:29 |
| 65 | 2/10 | Mary Van Steenis | Pella | IA | 67 F | 26:26 | 8:31 |
| 66 | 3/29 | Jaci Goemaat | Pella | IA | 41 F | 26:27 | 8:31 |
| 67 | 9/18 | Raymond Holdsworth | Oskaloosa | IA | 48 M | 26:27 | 8:31 |
| 68 | 3/15 | Cara Theune | Pella | IA | 18 F | 26:27 | 8:31 |
| 69 | 4/29 | Sue Theune | Pella | IA | 46 F | 26:28 | 8:32 |
| 70 | 5/29 | Jamie Kriegel | Pella | IA | 43 F | 26:50 | 8:39 |
| 71 | 3/18 | Wanda Coleman | Pella | IA | 50 F | 27:01 | 8:42 |
| 72 | 6/29 | Allison Mullin | Keokuk | IA | 49 F | 27:06 | 8:44 |
| 73 | 4/9 | Tirzah Wittenberg | | | 14 F | 27:16 | 8:47 |
| 74 | 7/29 | Kim Doty | Pella | IA | 44 F | 27:25 | 8:50 |
| 75 | 4/13 | Jack Fancher | Cedar Rapids | IA | 11 M | 27:35 | 8:53 |
| 76 | 8/28 | Leah Bruxvoort | New Sharon | IA | 33 F | 27:39 | 8:54 |
| 77 | 6/8 | Chad Degraaf | Sioux Center | IA | 21 M | 27:43 | 8:56 |
| 78 | 6/20 | Elizabeth Bouwkamp | Pella | IA | 21 F | 27:44 | 8:56 |
| 79 | 7/20 | Sarah Brandsen | Ankeny | IA | 21 F | 27:58 | 9:00 |
| 80 | 6/10 | Scott Miller | Urbandale | IA | 53 M | 28:05 | 9:03 |
| 81 | 5/13 | Jaison Anderson | Oskaloosa | IA | 11 M | 28:08 | 9:04 |
| 82 | 4/18 | Lisa Lensing | Pella | IA | 53 F | 28:09 | 9:04 |
| 83 | 1/11 | Sophia Boonstra | New Sharon | IA | 10 F | 28:32 | 9:12 |
| 84 | 7/8 | Lance Eysink | Pella | IA | 27 M | 28:33 | 9:12 |
| 85 | 6/13 | Matthew Bokhoven | Pella | IA | 13 M | 28:33 | 9:12 |
| 86 | 5/18 | Beth Adams | Indianola | IA | 50 F | 28:35 | 9:12 |
| 87 | 8/29 | Grace Barnes | Pella | IA | 42 F | 28:56 | 9:19 |
| 88 | 7/10 | Mark Davelaar | Maurice | IA | 55 M | 29:01 | 9:21 |
| 89 | 2/11 | Grace Ver Meer | Pella | IA | 10 F | 29:04 | 9:22 |
| 90 | 9/29 | Debbie Brager | Oskaloosa | IA | 41 F | 29:09 | 9:23 |
| 91 | 9/28 | Courtney Vander Hart | Urbandale | IA | 39 F | 29:16 | 9:26 |
| 92 | 10/28 | Kendra Terlouw | Leighton | IA | 32 F | 29:20 | 9:27 |
| 93 | 10/16 | Chris Terlouw | Killduff | IA | 32 M | 29:20 | 9:27 |
| 94 | 4/15 | Jackie Lensing | Pella | IA | 15 F | 29:21 | 9:27 |
| 95 | 5/15 | Laura De Zwarte | Pella | IA | 15 F | 29:21 | 9:27 |
| 96 | 6/15 | Becca Hortzman | Pella | IA | 16 F | 29:22 | 9:28 |
| 97 | 6/18 | Lisa Groenendyk | Leighton | IA | 58 F | 29:24 | 9:28 |
| 98 | 3/10 | Joyce Burch | Pella | IA | 60 F | 29:26 | 9:29 |
| 99 | 10/29 | Amy Bokhoven | Pella | IA | 41 F | 29:26 | 9:29 |
| 100 | | | | | | 29:27 | 9:29 |
| 101 | 7/13 | Hayden Tegrotenhuis | Pella | IA | 11 M | 29:32 | 9:31 |
| 102 | 7/15 | Josie Tegrotenhuis | Pella | IA | 16 F | 29:38 | 9:33 |
| 103 | 8/10 | Joe Coleman | Pella | IA | 51 M | 29:42 | 9:34 |
| 104 | 11/29 | Dawn Anderson | Oskaloosa | IA | 48 F | 29:43 | 9:34 |
| 105 | 9/10 | Dale Lensing | Pella | IA | 51 M | 29:43 | 9:34 |
| 106 | 7/18 | Marti Van Walbeek | Monroe | IA | 50 F | 29:51 | 9:37 |
| 107 | 8/20 | Jolyn Hartson | Pella | IA | 28 F | 29:53 | 9:38 |
| 108 | 8/13 | Blake Veenstra | Lynnvilleville | IA | 14 M | 30:00 | 9:40 |
| 109 | 9/20 | Danielle Schneider | Lacona | IA | 24 F | 30:04 | 9:41 |
| 110 | 3/7 | James Wright | Greenwood | IN | 69 M | 30:38 | 9:52 |
| 111 | 4/7 | Carroll Hoksbergen | Tracy | IA | 67 M | 30:40 | 9:53 |

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| 112 | 12/29 | Diane Miller | Urbandale | IA | 46 F | 31:01 | 9:59 |
| 113 | 10/20 | Jeana Van Voorst | Pella | IA | 29 F | 31:05 | 10:01 |
| 114 | 11/20 | Megan Schiferl | Oconomowoc | WI | 26 F | 31:07 | 10:01 |
| 115 | 11/28 | Melissa Van Gorp | Pella | IA | 39 F | 31:08 | 10:02 |
| 116 | 5/12 | Elias Keegan | Pella | IA | 7 M | 31:09 | 10:02 |
| 117 | 5/9 | Tessa Breems | Pella | IA | 12 F | 31:21 | 10:06 |
| 118 | 3/11 | Ava Breems | Pella | IA | 8 F | 31:26 | 10:07 |
| 119 | 12/20 | Hannah Wittenberg | Pella | IA | 20 F | 31:33 | 10:10 |
| 120 | 8/15 | Moriah Wittenberg | Pella | IA | 16 F | 31:34 | 10:10 |
| 121 | 10/18 | Josh Vander Hart | Urbandale | IA | 43 M | 31:34 | 10:10 |
| 122 | 11/16 | Jakab Huyser | Oskaloosa | IA | 38 M | 31:37 | 10:11 |
| 123 | 9/15 | Claire Milligan | Pella | IA | 15 F | 31:42 | 10:12 |
| 124 | 10/15 | Grace Bokhoven | Pella | IA | 15 F | 31:43 | 10:13 |
| 125 | 11/15 | Lauren Kriegel | Pella | IA | 17 F | 31:44 | 10:13 |
| 126 | 12/28 | Kelly Carter | Oskaloosa | IA | 33 F | 31:45 | 10:14 |
| 127 | 4/11 | Tierney Carter | Oskaloosa | IA | 8 F | 31:46 | 10:14 |
| 128 | 13/28 | Victoria Holdsworth | Pella | IA | 35 F | 31:51 | 10:16 |
| 129 | 14/28 | Erica Bohn | Pella | IA | 34 F | 31:51 | 10:16 |
| 130 | 15/28 | Jill Schuknecht | Otley | IA | 33 F | 32:33 | 10:29 |
| 131 | 8/8 | Darius Teo | Singapore | | 25 M | 32:35 | 10:29 |
| 132 | 8/18 | Susan Pierson | Pella | IA | 50 F | 32:45 | 10:33 |
| 133 | 9/13 | Colby De Vries | Pella | IA | 14 M | 32:51 | 10:35 |
| 134 | 11/18 | Dana Green | Oconomowoc | WI | 40 M | 33:26 | 10:46 |
| 135 | 7/7 | Jeremiah Kriegel | Pella | IA | 16 M | 33:39 | 10:50 |
| 136 | 10/13 | Cody Johnston | Knoxville | IA | 12 M | 33:52 | 10:55 |
| 137 | 11/13 | Seth Fisher | Pella | IA | 12 M | 33:53 | 10:55 |
| 138 | 9/18 | Marsha Wetter | Pella | IA | 55 F | 34:01 | 10:57 |
| 139 | 13/20 | Larissa Arkema | Pella | IA | 28 F | 34:11 | 11:01 |
| 140 | 12/18 | Jim Gosselink | Leighton | IA | 47 M | 34:17 | 11:03 |
| 141 | 5/11 | Mackenzie Johnston | Knoxville | IA | 8 F | 34:18 | 11:03 |
| 142 | 16/28 | Leslie Johnston | Knoxville | IA | 39 F | 34:18 | 11:03 |
| 143 | 6/12 | Skye Koenen | Newton | IA | 10 M | 34:23 | 11:04 |
| 144 | 6/11 | Jessa De Vries | Pella | IA | 7 F | 34:26 | 11:05 |
| 145 | 13/29 | Jodi De Vries | Pella | IA | 40 F | 34:26 | 11:05 |
| 146 | 14/20 | Cayla Collins | Pella | IA | 24 F | 34:34 | 11:08 |
| 147 | 15/20 | Kelsie Van Haaften | New Sharon | IA | 25 F | 34:34 | 11:08 |
| 148 | 10/18 | Luann Brandsen | Ankeny | IA | 57 F | 34:41 | 11:10 |
| 149 | 7/11 | Hattie Fancher | Cedar Rapids | IA | 9 F | 34:47 | 11:12 |
| 150 | 17/28 | Jocelyn Meinders | Pella | IA | 36 F | 35:01 | 11:16 |
| 151 | 7/12 | Carter Meinders | Pella | IA | 5 M | 35:01 | 11:16 |
| 152 | 12/15 | Emily Kriegel | Pella | IA | 16 F | 35:01 | 11:17 |
| 153 | 6/9 | Ana Ruitter | Milford | IA | 12 F | 35:11 | 11:20 |
| 154 | 14/29 | Kelly Koenen | Newton | IA | 40 F | 35:13 | 11:20 |
| 155 | 8/12 | Trevor Veenstra | Lynnvilleville | IA | 9 M | 35:19 | 11:22 |
| 156 | 16/20 | Natasha D Nikkel | Sully | IA | 27 F | 35:22 | 11:23 |
| 157 | 7/9 | Bailey Roose | Pella | IA | 12 F | 35:22 | 11:23 |
| 158 | 15/29 | Tina Schneider | Lacona | IA | 47 F | 35:23 | 11:24 |
| 159 | 12/16 | David Lawrence | Pleasant Hill | IA | 35 M | 35:23 | 11:24 |
| 160 | 13/16 | Paul Boonstra | New Sharon | IA | 38 M | 35:32 | 11:27 |
| 161 | 13/18 | Darrell Veenstra | Lynnvilleville | IA | 42 M | 35:34 | 11:27 |
| 162 | 9/12 | Gavin Ulferts | Pella | IA | 6 M | 36:06 | 11:37 |
| 163 | 1/3 | Nate Viall | Pella | IA | 70 M | 36:22 | 11:43 |
| 164 | 18/28 | Teresa Ulferts | Pella | IA | 32 F | 36:22 | 11:43 |
| 165 | 13/15 | Abby Tegrotenhuis | Pella | IA | 15 F | 36:25 | 11:44 |
| 166 | 8/11 | Meredith Van Wyk | Pella | IA | 7 F | 36:25 | 11:44 |
| 167 | 19/28 | Elisa Klahren | Pella | IA | 36 F | 36:34 | 11:47 |
| 168 | 4/10 | Anne Aalbers | Pella | IA | 60 F | 36:57 | 11:54 |
| 169 | 14/15 | Haley Albright | Oskaloosa | IA | 15 F | 37:00 | 11:55 |
| 170 | 15/15 | Megan Eveland | Eddyville | IA | 15 F | 37:00 | 11:55 |
| 171 | 20/28 | Joni Hannon | Pella | IA | 30 F | 37:15 | 12:00 |

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| 172 | 5/7 | Maury De Haan | Pella | IA | 64 M | 37:26 | 12:03 |
| 173 | 16/29 | Laura Groenenboom | Oskaloosa | IA | 48 F | 37:32 | 12:05 |
| 174 | 17/29 | Teresa Lyman | Newton | IA | 45 F | 39:11 | 12:37 |
| 175 | 21/28 | Jody Vander Hart | Urbandale | IA | 39 F | 39:53 | 12:50 |
| 176 | 18/29 | Jodi Vande Noord | Prairie City | IA | 41 F | 39:54 | 12:51 |
| 177 | 14/18 | Jeremy Vande Noord | Prairie City | IA | 43 M | 39:54 | 12:51 |
| 178 | 10/12 | Lucas Vander Hart | Urbandale | IA | 9 M | 40:05 | 12:54 |
| 179 | 22/28 | Audra Hiebert | Prairie City | IA | 39 F | 41:00 | 13:12 |
| 180 | 2/3 | Walter Graham | Pella | IA | 70 M | 41:38 | 13:24 |
| 181 | 14/16 | Darvin Graham | Pella | IA | 30 M | 41:38 | 13:24 |
| 182 | 17/20 | Allison Kraayenbrink | Pella | IA | 25 F | 41:43 | 13:26 |
| 183 | 19/29 | Pam Van Gorp | Pella | IA | 49 F | 41:53 | 13:29 |
| 184 | 20/29 | Ami Fisher | Pella | IA | 40 F | 41:53 | 13:29 |
| 185 | 21/29 | Melissa Van Donselaar | Pella | IA | 40 F | 42:38 | 13:44 |
| 186 | 15/16 | Jake Keegan | Pella | IA | 37 M | 42:40 | 13:44 |
| 187 | 8/9 | Mia Brandsen | Ankeny | IA | 12 F | 42:50 | 13:48 |
| 188 | 9/11 | Elsa Breems | Pella | IA | 6 F | 42:59 | 13:50 |
| 189 | 9/9 | Ellie Hatfield | Cedar Rapids | IA | 11 F | 43:10 | 13:54 |
| 190 | 23/28 | Marla Van Der Hart | Pella | IA | 38 F | 43:19 | 13:57 |
| 191 | 15/18 | Dwain Holmes | Tracy | IA | 46 M | 43:45 | 14:05 |
| 192 | 16/16 | Kent Breems | Pella | IA | 37 M | 44:00 | 14:10 |
| 193 | 22/29 | Heather Van Hauen | Pella | IA | 40 F | 44:05 | 14:12 |
| 194 | 11/18 | Lisa Ruiten | Milford | IA | 51 F | 44:06 | 14:12 |
| 195 | 23/29 | Junann Holmes | Tracy | IA | 46 F | 44:26 | 14:19 |
| 196 | 24/28 | Allison Graham | Toledo | IA | 32 F | 44:28 | 14:19 |
| 197 | 16/18 | Mark Kriegel | Pella | IA | 45 M | 44:41 | 14:23 |
| 198 | 12/13 | Elyse Kriegel | Pella | IA | 13 M | 44:41 | 14:23 |
| 199 | 17/18 | Daryl Bouwkamp | Pella | IA | 47 M | 44:53 | 14:27 |
| 200 | 12/18 | Rose Admiraal | Pella | IA | 50 F | 44:53 | 14:27 |
| 201 | 5/10 | Marcia Van Gorp | Pella | IA | 65 F | 45:47 | 14:45 |
| 202 | 18/20 | Jess Vander Molen | Pella | IA | 28 F | 45:48 | 14:45 |
| 203 | 24/29 | Le Ann Bouwkamp | Pella | IA | 47 F | 45:48 | 14:45 |
| 204 | 13/18 | Kar Inn Teo | Singapore | | 52 F | 45:50 | 14:45 |
| 205 | 10/11 | Olivia De Haan | Pella | IA | 5 F | 46:26 | 14:57 |
| 206 | 13/13 | Sean Vander Hart | Urbandale | IA | 13 M | 46:35 | 15:00 |
| 207 | 6/10 | Linda De Haan | Pella | IA | 64 F | 46:59 | 15:08 |
| 208 | 11/12 | Noah Van Gorp | Pella | IA | 7 M | 47:29 | 15:17 |
| 209 | 3/3 | Hummer Brown | Pleasant Hill | IA | 76 M | 47:29 | 15:17 |
| 210 | 11/11 | Hope Van Gorp | Pella | IA | 4 F | 48:00 | 15:27 |
| 211 | 25/28 | Angela Van Gorp | Pella | IA | 34 F | 48:01 | 15:28 |
| 212 | 25/29 | Christine Howard | New Sharon | IA | 44 F | 48:22 | 15:34 |
| 213 | 26/28 | Jolee Stoddard | Barnes City | IA | 33 F | 48:22 | 15:34 |
| 214 | 18/18 | Randy Lunsford | Pella | IA | 47 M | 48:36 | 15:39 |
| 215 | 26/29 | Lori Lunsford | Pella | IA | 41 F | 48:36 | 15:39 |
| 216 | 27/29 | Teresa Moses | Oskaloosa | IA | 49 F | 48:41 | 15:41 |
| 217 | 27/28 | Lacosta Van Dyk | Pella | IA | 31 F | 48:43 | 15:41 |
| 218 | 1/2 | Luana Van Gorp | Oskaloosa | IA | 72 F | 48:48 | 15:43 |
| 219 | 6/7 | Daryl Van Wyngarden | New Sharon | IA | 61 M | 49:46 | 16:01 |
| 220 | 14/18 | Rosie Hol | New Sharon | IA | 59 F | 49:46 | 16:02 |
| 221 | 19/20 | Kaylee McKee | New Sharon | IA | 25 F | 50:33 | 16:17 |
| 222 | 15/18 | Roxann McKee | Montezuma | IA | 56 F | 50:36 | 16:18 |
| 223 | 16/18 | Caryn Rempe | Pella | IA | 51 F | 50:46 | 16:21 |
| 224 | 17/18 | Arlene Dugger | Pella | IA | 51 F | 50:46 | 16:21 |
| 225 | 7/10 | Becky Rozenboom | Oskaloosa | IA | 64 F | 50:55 | 16:24 |
| 226 | 8/10 | Chris Nieuwsma | Oskaloosa | IA | 66 F | 50:55 | 16:24 |
| 227 | 10/10 | Jim Brandsen | Ankeny | IA | 55 M | 51:02 | 16:26 |
| 228 | 12/12 | Brandon Hatfield | Cedar Rapids | IA | 8 M | 51:19 | 16:31 |
| 229 | 28/28 | Tiffany Anderson | Oskaloosa | IA | 30 F | 52:12 | 16:48 |
| 230 | 18/18 | Joni Van Der Pol | Pella | IA | 50 F | 52:43 | 16:58 |
| 231 | 28/29 | Ruth Veenstra | Oskaloosa | IA | 43 F | 52:43 | 16:59 |

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|-----|-------|-------------------|-------------|----|----|---|-------|-------|
| 232 | 9/10 | Pam Wright | Greenwood | IN | 62 | F | 53:02 | 17:04 |
| 233 | 20/20 | Ashley Van Maanen | Rock Valley | IA | 25 | F | 53:02 | 17:05 |
| 234 | 10/10 | Helen Roose | Pella | IA | 69 | F | 53:11 | 17:07 |
| 235 | 7/7 | Greg Schiferl | Fordyce | NE | 62 | M | 54:10 | 17:26 |
| 236 | 29/29 | Barb Gosselink | Leighton | IA | 46 | F | 55:11 | 17:46 |
| 237 | 2/2 | Pat Wichhart | Pella | IA | 71 | F | 55:12 | 17:46 |