

5K RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Time
1	Amy Branderhorst	31	Pella	IA	21:13
2	Sara Chance	33	Ottumwa	HI	21:15
3	Lisa Ver Meer	35	Pella	IA	21:33
4	Angie Veenstra	39	Urbandale	IA	22:24
5	Marilyn Ver Meer	66	Pella	IA	23:02

MALE OVERALL

Place	Name	Age	City	St	Time
1	Darin Schuknecht	32	Otley	IA	17:55
2	Alexander Thomas	25	Pella	IA	17:56
3	Jim Robidoux	50	Ankeny	IA	18:08
4	Jake Lensing	18	Pella	IA	18:59
5	Chris Lauman	36	Pella	IA	19:44

FEMALE INDIVIDUAL AGE GROUP: 1 - 10

Place	Name	Age	City	St	Time
1	Sophia Boonstra	9	New Sharon	IA	25:16
2	Anna Childerston	10	Pella	IA	27:10
3	Ava Breems	7	Pella	IA	31:00
4	Janae Vande Noord	10	Prairie City	IA	32:12
5	Jaclyn Holmes	10	Tracy	IA	35:45
6	Zeb Kanis	7	Pella	IA	40:54
7	Stella Willemsen	6	Pella	IA	46:52
8	Elizabeth Lunsford	7	Pella	IA	49:50
9	Meredith Van Wyk	6	Pella	IA	49:54
10	Hattie Fancher	8	Cedar Rapids	IA	49:55
11	Rebecca De Haan	8	New Sharon	IA	59:04

MALE INDIVIDUAL AGE GROUP: 1 - 10

Place	Name	Age	City	St	Time
1	Chase Lauman	10	Pella	IA	20:38
2	Hayden Te Grotenhuis	10	Pella	IA	24:50
3	Micah De Haan	10	New Sharon	IA	25:27
4	Isaiah Breems	9	Pella	IA	26:58
5	Jack Fancher	10	Cedar Rapids	IA	27:07
6	Sawyer Meinders	7	Pella	IA	28:20

7	Lincoln Veenstra	7	Pella	IA	29:54
8	Carson Veenstra	9	Clive	IA	30:54
9	Zeb Kanis	9	Pella	IA	31:17
10	Isaac Kacmarynski	9	Pella	IA	31:24
11	Joe Deihl	10	Pella	IA	32:02
12	Trevor Veenstra	8	Lynnville	IA	35:57
13	Chase Hamilton	6	Pella	IA	41:00
14	Trenton Van Zee	8	Oskaloosa	IA	42:39
15	Jordan Dunsbergen	5	Ankeny	IA	46:24
16	Ethan Dunsbergen	7	Ankeny	IA	46:31
17	Karson Harrill	5	Pella	IA	47:11
18	Ben Lunsford	7	Pella	IA	49:50
19	Lucas Vander Hart	8	West St Paul	MN	51:01
20	Colin Vander Hart	4	West St Paul	MN	1:06:58

FEMALE INDIVIDUAL AGE GROUP: 11 - 14

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Emma Veenstra	13	Clive	IA	24:16
2	Ashley Blommers	12	Pella	IA	24:41
3	Claire Milligan	14	Pella	IA	26:40
4	Grace Bokhoven	14	Pella	IA	27:37
5	Anna Van Zee	13	Pella	IA	27:53
6	Molly Bolt	13	Pella	IA	27:53
7	Kara Van Wyk	13	Sully	IA	30:24
8	Abby Te Grotenhuis	14	Pella	IA	31:12
9	Bailey Roose	11	Pella	IA	31:35
10	Tessa Breems	11	Pella	IA	31:46
11	Jaque Lensing	14	Pella	IA	33:31
12	Annika Boonstra	11	New Sharon	IA	34:11
13	Erica Langstraat	12	Pella	IA	40:52
14	Lindsey Blommers	14	Pella	IA	42:38
15	Brynn Randol	12	Pella	IA	44:45
16	Megan Eveland	14	Eddyville	IA	44:50
17	Maya Brandsen	12	Ankeny	IA	48:01

MALE INDIVIDUAL AGE GROUP: 11 - 14

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Josiah Wittenberg	12	Pella	IA	20:24
2	Drew Van Hauen	14	Pella	IA	20:30
3	Levi Schelhaas	11	Pella	IA	21:22
4	Jaydon Vande Noord	14	Prairie City	IA	22:59
5	Nolan Shay	14	Ankeny	IA	25:20
6	Matt Lunsford	14	Pella	IA	27:44
7	Blake Veenstra	13	Lynnville	IA	29:13
8	Cody Johnston	11	Knoxville	IA	30:07
9	Josh Doty	13	Bondurant	IA	31:21
10	Connor Hamilton	11	Pella	IA	39:09
11	Sean Vander Hart	12	West St Paul	MN	50:50

FEMALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Time
1	Haylle Van Maanen	18	Leighton	IA	25:13
2	Abby Fyfe	19	Pella	IA	25:16
3	Abby Van Soelen	16			25:41
4	Kandace Hofman	15	Pella	IA	27:36
5	Bia Lensing	17	Pella	IA	33:33
6	Iloria Phoenix	18	Pella	IA	36:37
7	Leah Groenenboom	17	Oskaloosa	IA	39:37
8	Carissa Van Walbeek	17	Monroe	IA	39:48
9	Emily Holterhaus	16	Pella	IA	42:37
10	Brooke Eveland	17	Eddyville	IA	44:47
11	Rebekah Fyfe	15	Pella	IA	52:25

MALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Time
1	Jake Lensing	18	Pella	IA	18:59
2	Nathan Ver Meer	15	Pella	IA	20:20
3	Sam Lensing	16	Pella	IA	21:39
4	Samuel Fredrickson	16	Pella	IA	22:02
5	Samuel Carmichael	15	Oskaloosa	IA	27:00
6	Christian Hamilton	18	Pella	IA	27:44
7	Bailey Hamilton	15	Pella	IA	27:45

FEMALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Time
1	Sarah Wichhart	26	Tracy	IA	24:10
2	Katurah McKee	21	Montezuma	IA	24:29
3	Lacey Beenken	28	Oskaloosa	IA	25:16
4	Courtney Van Wyk	25	Pella	IA	27:13
5	Larissa Arkema	27	Pella	IA	27:34
6	Elizabeth Johnson	20	Pella	IA	27:55
7	Merribeth De Groot	29	Oskaloosa	IA	28:58
8	Faith Strothman	27	Kirkville	IA	29:30
9	Allie Ferguson	21	New Sharon	IA	34:10
10	Anna Montgomery	24	Oskaloosa	IA	34:39
11	Jolyn Hartson	27	Pella	IA	37:01
12	Katie Dolejsi	27	Pella	IA	37:45
13	Amanda Harwood	26	Lynnville	IA	45:22
14	Lindsey Stout	24	Pella	IA	45:30
15	Lindsey Branderhorst	24	Otley	IA	47:54
16	Amara Wanders	20	Pella	IA	47:56
17	Ann Wanders	21	Pella	IA	47:57
18	Michelle Stam	25	Oskaloosa	IA	48:19

MALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Time
1	Alexander Thomas	25	Pella	IA	17:56
2	David Bouska	24	Oskaloosa	IA	20:52
3	Isaiah Thompson	23	Pella	IA	21:46
4	Josh Henry	27	Pella	IA	21:57
5	Caleb Fredrickson	21	Palos Heights	IL	22:02
6	Darvin Graham	29	Toledo	IA	24:26
7	Seth Thompson	22	Ankeny	IA	26:16

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Sara Chance	33	Ottumwa	HI	21:15
2	Lisa Ver Meer	35	Pella	IA	21:33
3	Angie Veenstra	39	Urbandale	IA	22:24
4	Deanne Breems	37	Pella	IA	23:37
5	Sheila Punt	37	Pella	IA	23:44
6	Brittney Altwine	34	Pella	IA	25:49
7	Courtney Vander Hart	38	Tiffin	IA	26:12
8	Kari Sytsma	37	Pella	IA	26:34
9	Jennifer Vander Wal	35	Des Moines	IA	26:34
10	Jocelynn Meinders	35	Pella	IA	28:33
11	Allison Van Wyngarden	34	Pella	IA	28:37
12	Emilie Van Arendonk	36	Pella	IA	28:37
13	Jennifer Veenstra	37	Pella	IA	29:18
14	Valerie Stoner	32	Pella	IA	29:59
15	Michelle De Haan	35	New Sharon	IA	31:53
16	Nicole Van Wyk	31	Pella	IA	32:28
17	Miranda Arthur	34	Pella	IA	32:29
18	Becky De Nooy	32	Pella	IA	33:17
19	Jana Boonstra	37	New Sharon	IA	34:11
20	Jessica Kauzlarich	30	Tracy	IA	37:47
21	Leslie Johnston	38	Knoxville	IA	39:09
22	Lydia Oxenreider	30	Chariton	IA	39:21
23	Jessemynn Kannis	37	Pella	IA	40:54
24	Amanda Langstraat	38	Pella	IA	44:45
25	Candy Boyd	35	New Sharon	IA	45:18
26	Rochelle Dunsbergen	37	Ankeny	IA	46:31
27	Rachel Willemsen	33	Pella	IA	46:52
28	Gabrielle Ferguson	31	Noxville	IA	49:08
29	Kristin Van Zee	33	Oskaloosa	IA	52:02
30	Delia Vance	39	Pella	IA	52:32
31	Jody Vander Hart	38	West St Paul	MN	1:06:58

MALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Chris Lauman	36	Pella	IA	19:44
2	Kyle Punt	37	Pella	IA	20:46
3	Ben Ribbens	31	Chicago	IL	22:23
4	Doug Kanis	35	Pella	IA	22:43
5	Chad Johnston	39	Knoxville	IA	24:05
6	Joshua Aman	39	Marshalltown	IA	24:34
7	Will Van Wyngarden	34	Pella	IA	24:40
8	Seth Beenken	30	Oskaloosa	IA	25:16
9	Chris Oppewall	39	Bay Village	OH	25:25
10	Jeremy McDaniel	36	Pella	IA	29:01
11	Kent Breems	36	Pella	IA	31:00
12	Nathan Ribbens	34	Clive	IA	31:21
13	Dan Roose	39	Pella	IA	31:35
14	Matthew Oxenreider	34	Chariton	IA	44:29
15	Matthew Dunsbergen	36	Ankeny	IA	46:24

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
1	Becky Watkins	47	Pella	IA	24:24
2	Teresa Cardwell	48	Seymour	MO	27:03
3	Teresa Hovell	44	Pella	IA	27:34
4	Grace Barnes	41	Pella	IA	28:11
5	Angela Veenstra	40	Lynnville	IA	28:14
6	Diane Miller	45	Urbandale	IA	28:25
7	Libby Te Grotenhuis	40	Pella	IA	28:34
8	Martha Verhey	43	Pella	IA	28:36
9	Kim Doty	43	Pella	IA	28:50
10	Jaci Goemaat	40	Leighton	IA	29:24
11	Susan Pierson	49	Pella	IA	30:27
12	Susann Keller-Mccain	46	Oskaloosa	IA	31:55
13	Marti Van Walbeek	49	Monroe	IA	33:05
14	Jodi Vande Noord	40	Prairie City	IA	34:59
15	Laura Groenenboom	47	Oskaloosa	IA	36:39
16	Mindi Kacmarynski	44	Pella	IA	38:48
17	Christine Howard	43	New Sharon	IA	39:21
18	Nancy Hamilton	43	Pella	IA	44:14
19	Lana Wanders	49	Pella	IA	44:40
20	Kim Roorda	43	Pella	IA	45:17
21	Sharla Dieleman	43	Pella	IA	46:55
22	Ruth Veenstra	42	Oskaloosa	IA	48:13
23	Barb Gosselink	45	Leighton	IA	48:28
24	Trina Collier	45	Pella	IA	48:29
25	Shanda Ring	43	Ames	IA	49:18
26	Lori Lunsford	40	Pella	IA	49:50
27	Junann Holmes	45	Tracy	IA	52:07
28	Teresa Wells	48	Melcher	IA	52:32

MALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Jason Blommers	43	Pella	IA	21:51
2	David Te Grotenhuis	40	Pella	IA	22:44
3	Brent Pierson	49	Pella	IA	23:04
4	Brad Engbers	48	Pella	IA	25:01
5	Ryan Deward	41	Kentwood	MI	25:01
6	Raymond Holdsworth	47	Oskaloosa	IA	25:16
7	Tim Verhey	45	Pella	IA	26:07
8	Ron Childerston	43	Pella	IA	27:08
9	Ryan Tresnak	44	Vinton	IA	27:26
10	Paul Hofman	46	Pella	IA	27:36
11	Tom Hallam	46	Marshalltown	IA	28:36
12	Joel Ruisch	44	Pella	IA	29:28
13	Jeremy Vande Noord	42	Prairie City	IA	32:12
14	Josh Vander Hart	42	West St Paul	MN	32:18
15	Darrell Veenstra	41	Lynnville	IA	35:57
16	John Hamilton	47	Pella	IA	41:00
17	Dwain Holmes	45	Tracy	IA	43:45
18	Rick Harrill	45	Pella	IA	47:11
19	Randy Lunsford	46	Pella	IA	48:22

FEMALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Lisa Lensing	52	Pella	IA	25:16
2	Lana Degroot	53	Oskaloosa	IA	27:54
3	Lisa Groenendyk	57	Pella	IA	28:27
4	Joyce Burch	59	Pella	IA	30:00
5	Diane Phoenix-Neal	50	Pella	IA	30:16
6	Roxann McKee	55	Montezuma	IA	31:14
7	Carrie Ferguson	50	New Sharon	IA	34:28
8	Luann Brandsen	56	Ankeny	IA	35:11
9	Cindy Ritsema	55	Pella	IA	35:16
10	Kathy Heinen	59	Otley	IA	36:51
11	Carol De Ronde	57	Oskaloosa	IA	37:20
12	Marla Nieuwsma	53	Oskaloosa	IA	37:20
13	Anne Aalbers	59	Pella	IA	38:40
14	Rosa Veenstra	54	Pella	IA	38:42
15	Linda Franje	52	Knoxville	IA	42:25
16	Sheryl Steenhoek	54	Pella	IA	42:58
17	Kimberly Vos	51	Lynnville	IA	45:19
18	Barb Vande Voort	55	New Sharon	IA	45:24
19	Vickie Van Wyk	50	Pella	IA	45:30
20	Sharon Thompson	53	Pella	IA	47:01
21	Patty Devries	55	Prairie City	IA	47:14
22	Karen Branderhorst	57	Otley	IA	47:55
23	Lisa Fyfe	50	Pella	IA	49:04
24	Sheryl Stam	58	Oskaloosa	IA	49:18
25	Jane Langner	54	Pella	IA	50:32
26	Sherry Veldhuizen	52	Pella	IA	52:33

MALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Jim Robidoux	50	Ankeny	IA	18:08
2	Stephen Fyfe	50	Pella	IA	19:47
3	Dave Watkins	50	Pella	IA	21:04
4	David Fredrickson	51	Pella	IA	21:59
5	Keith Comfort	56	Oskaloosa	IA	22:07
6	Steven Hall	56	Marshalltown	IA	23:00
7	Jeff Ballard	53	Pella	IA	23:00
8	James Lovin	53	Shawnee	KS	23:40
9	Rich Postuma	54	Pella	IA	23:49
10	Mike Inman	56	Ottumwa	IA	24:52
11	Scott Miller	52	Urbandale	IA	25:01
12	Bruce Thompson	54	Pella	IA	26:25
13	Bernie Veenstra	56	Pella	IA	27:14
14	Dale Lensing	50	Pella	IA	30:11
15	Wayne Anschutz	50	Pella	IA	32:14
16	Marshall Langner	56	Pella	IA	50:32

FEMALE INDIVIDUAL AGE GROUP: 60 - 69

Place	Name	Age	City	St	Time
1	Marilyn Ver Meer	66	Pella	IA	23:02
2	Becky Rozenboom	63	Oskaloosa	IA	27:13
3	Joleen Iburg	65	Waukee	IA	30:12
4	Corrine Verschuure	60	Pella	IA	36:42
5	Cathy Vroom	64	Pella	IA	40:04
6	Diane Weir	64	Coralville	IA	43:13
7	Kerry Pinkerton	61	Taintor	IA	44:41
8	Connie Allen	64	Chariton	IA	44:58
9	Linda De Haan	63	Pella	IA	59:05

MALE INDIVIDUAL AGE GROUP: 60 - 69

Place	Name	Age	City	St	Time
1	Rick Hagan	65	Urbandale	IA	24:34
2	Fred Kreykes	64	Pella	IA	24:44
3	James Wright	68	Greenwood	IN	31:51
4	David Heinen	64	Pella	IA	32:08
5	Maurry De Haan	63	Pella	IA	35:03
6	John Ritsema	65	Pella	IA	35:16
7	Clayton Weir	60	Coralville	IA	43:14
8	Paul Steenhoek	62	Pella	IA	46:21
9	Stephen Stam	60	Oskaloosa	IA	48:19
10	Allan Vanderhart	69	Jesup	IA	59:05

FEMALE INDIVIDUAL AGE GROUP: 70 - 99

Place Name	Age	City	St	Time
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MALE INDIVIDUAL AGE GROUP: 70 - 99

Place Name	Age	City	St	Time
1 Nate Viall	70	Pella	IA	35:49
2 Wilbur Veenstra	77	Pella	IA	37:45
3 Hummer Brown	75	Pleasant Hill	IA	43:33