

FEMALE AGE GROUP RESULTS 1 - 10

Place	No.	Name	City	St	Age	S	Time
Pace							
10:18	1	1748 Lucy Zylstra	Pella	IA	9 F		31:59
10:40	2	1750 Ruby Zylstra	Pella	IA	5 F		33:08
11:07	3	1775 Kaitlyn Van Rheenen	Marion	IA	7 F		34:30
11:36	4	1717 Janae Vande Noord	Prairie City	IA	7 F		36:01
11:56	5	1569 Adrie Fransman	Pella	IA	9 F		37:03
12:28	6	1517 Maya Brandsen	Pella	IA	9 F		38:42
14:04	7	1694 Abby Tegrootenhuis	Pella	IA	10 F		43:42
14:06	8	1749 Molly Zylstra	Pella	IA	7 F		43:47

MALE AGE GROUP RESULTS 1 - 10

Place	No.	Name	City	St	Age	S	Time
Pace							
7:12	1	1802 Chase Lauman	Pella	IA	7 M		22:22
8:04	2	1581 Isaiah Gritters	Pella	IA	10 M		25:03
8:35	3	1542 Benjamin Decker	Libertyville	IA	9 M		26:38
8:41	4	1781 Logan Shetterly	Pella	IA	10 M		26:58
8:56	5	1782 Landon Shetterly	Pella	IA	8 M		27:44
11:15	6	1807 Caleb Griffiths	Belmont	MA	6 M		34:55
11:15	7	1806 Paul Griffiths Jr	Belmont	MA	8 M		34:57
11:30	8	1784 Levi Shetterly	Pella	IA	5 M		35:44
12:29	9	1695 Hayden Tegrootenhuis	Pella	IA	7 M		38:46
13:06	10	1686 Jordan Stockbauer	Des Moines	IA	6 M		40:41
13:16	11	1727 Trevor Veenstra	Lynnville	IA	5 M		41:11

FEMALE AGE GROUP RESULTS 11 - 14

Place	No.	Name	City	St	Age	S	Time
Pace							
6:29	1	1513 Kelcey Blommers	Leighton	IA	13	F	20:06
8:16	2	1712 Anna Van Wolde	Pella	IA	14	F	25:40
8:28	3	1774 Abigail Van Rheenen	Marion	IA	12	F	26:16
8:59	4	1627 Jacque Lensing	Pella	IA	11	F	27:55
9:00	5	1601 Samantha Hedrick	Pella	IA	13	F	27:56
9:11	6	1755 Sierra Morris			12	F	28:32
9:49	7	1541 Amanda Decker	Libertyville	IA	11	F	30:30
9:55	8	1540 Breanna Decker	Libertyville	IA	13	F	30:47
10:32	9	1605 Kandace Hofman	Pella	IA	12	F	32:42
10:56	10	1693 Josie Tegrootenhuis	Pella	IA	12	F	33:59
11:02	11	1793 Rebekah Fyfe	Pella	IA	12	F	34:15
11:03	12	1703 Morgan Van Maanen	Oskaloosa	IA	13	F	34:18
11:03	13	1597 Amanda Harrill	Pella	IA	12	F	34:18
12:19	14	1646 Payton Phelps	Pella	IA	13	F	38:16
14:30	15	1562 Sharlee Fopma	Lynnville	IA	11	F	45:01

MALE AGE GROUP RESULTS 11 - 14

Place	No.	Name	City	St	Age	S	Time
Pace							
7:33	1	1630 Sam Lensing	Pella	IA	11	M	23:25
7:35	2	1826 Cody Hokel	Adel	IA	14	M	23:33
7:59	3	1658 Caleb Roose	Sully	IA	13	M	24:47
8:05	4	1798 Drew Appleget	Oskaloosa	IA	11	M	25:06

8:17	5	1810	Noah Van Maanen	Leighton	IA	12	M	25:43
8:25	6	1754	Mac Sarver	Pella	IA	13	M	26:08
8:28	7	1773	Timothy Van Rheenen	Marion	IA	14	M	26:17
8:40	8	1716	Jaydon Vande Noord	Prairie City	IA	11	M	26:54
8:43	9	1742	Jack Willemsen	Pella	IA	11	M	27:05
9:47	10	1713	Andrew Van Wolde	Pella	IA	12	M	30:22
14:01	11	1608	Ryan Howey	Pella	IA	13	M	43:31
15:33	12	1609	Kyle Howey	Pella	IA	11	M	48:19

FEMALE AGE GROUP RESULTS 15 - 19

Place	No.	Name	City	St	Age	S	Time
6:47	1	1505 Meredith Anderson	Newton	IA	19	F	21:04
7:48	2	1516 Sarah Brandsen	Pella	IA	17	F	24:14
8:56	3	1786 Seohee Song	Pella	IA	19	F	27:46
11:01	4	1812 Miranda Rice	Luther	IA	19	F	34:12

MALE AGE GROUP RESULTS 15 - 19

Place	No.	Name	City	St	Age	S	Time
6:20	1	1628 Jake Lensing	Pella	IA	15	M	19:40
6:48	2	1645 Tanner Phelps	Pella	IA	16	M	21:07
7:11	3	1629 Jon Lensing	Pella	IA	17	M	22:18
7:26	4	1678 Jackson Schelhaas	Pella	IA	15	M	23:05
8:02	5	1672 Trey Rutledge	Rose Hill	IA	15	M	24:55
10:26	6	1665 Cole Rowland	Knoxville	IA	17	M	32:23

FEMALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time
Pace							
6:30	1	1770 Amy Van Hal	Pella	IA	23	F	20:11
7:17	2	1508 Lacey Beenken	Oskaloosa	IA	25	F	22:37
7:28	3	1511 Tami Bingham	Pleasantville	IA	29	F	23:10
8:30	4	1545 Joy Denhartog	Des Moines	IA	28	F	26:23
8:32	5	1651 Tamara Pommer	Pella	IA	24	F	26:30
8:38	6	1768 Emily Van Hal	Pella	IA	21	F	26:48
8:43	7	1556 Missy Fiala	Cedar	IA	28	F	27:03
8:51	8	1566 Sarah Franje	North Liberty	IA	23	F	27:28
9:32	9	1603 Katie Heisler	Peosta	IA	21	F	29:36
9:39	10	1799 Mallory Hartgers	Montezuma	IA	25	F	29:57
9:39	11	1680 Pamela Schutt	Sully	IA	24	F	29:58
9:39	12	1719 Amanda Vande Voort	Sully	IA	23	F	29:58
9:40	13	1564 Megan Fopma	Sioux Center	IA	24	F	30:01
10:23	14	1612 Sarah Hynick	Cedar Falls	IA	21	F	32:13
10:45	15	1536 Tricia De Haan	Pella	IA	29	F	33:23
10:51	16	1523 Kristin Brouwer	Pella	IA	29	F	33:42
11:02	17	1654 Joy Ritsema	Pella	IA	25	F	34:16
11:23	18	1549 Julianna Devries	Prairie City	IA	26	F	35:21
14:01	19	1685 Stephanie Stockbauer	Des Moines	IA	27	F	43:33

MALE AGE GROUP RESULTS 20 - 29

Place	No.	Name	City	St	Age	S	Time
Pace							
5:51	1	1553 Robert Endriss	Indianola	IA	23	M	18:10

6:01	2	1622	Bryan Klobedanz	Cedar Falls	IA	23	M	18:42
6:03	3	1769	Brady Davidson	Pella	IA	23	M	18:46
6:17	4	1804	Darin Schukneent	Jefferson	IA	29	M	19:31
7:54	5	1548	Chad Derby	Oskaloosa	IA	28	M	24:32
8:00	6	1743	Andrew Wotherspoon	Oskaloosa	IA	27	M	24:51
8:42	7	1687	Scott Streif	Pella	IA	24	M	27:02
8:59	8	1565	Sam Fopma	Sioux Center	IA	23	M	27:55
9:56	9	1707	Timothy Van Voorst	Pella	IA	26	M	30:51

FEMALE AGE GROUP RESULTS 30 - 39

Place	No.	Name	City	St	Age	S	Time
Pace							
=====	=====	=====	=====	==	===	=	=====
=====							
6:54	1	1731	Lisa Ver Meer	Pella	IA	32	F 21:26
6:54	2	1606	Rachel Hoger	Johnston	IA	37	F 21:26
7:15	3	1661	Joy Roose	Pella	IA	32	F 22:30
7:18	4	1633	Jocelyn Meinders	Pella	IA	32	F 22:41
7:30	5	1653	Teresa Rens	Pella	IA	34	F 23:17
7:46	6	1822	Robin Hammann	Leighton	IA	37	F 24:07
7:48	7	1617	Jessemynn Kanis	Pella	IA	34	F 24:11
7:48	8	1800	Kelly Mitchell	New Sharon	IA	32	F 24:14
7:51	9	1574	Nariza Fuller	Monroe	IA	36	F 24:21
7:56	10	1809	Heather Spong	Pella	IA	35	F 24:38
7:57	11	1725	Angela Veenstra	Lynnville	IA	37	F 24:40
8:30	12	1583	Kim Gritters	Pella	IA	39	F 26:25
8:35	13	1514	Jana Boonstra	New Sharon	IA	34	F 26:40
8:35	14	1760	Amber Umble	Mitchell	NE	30	F 26:40
8:42	15	1585	Kim Groenenboom	Belmont	MI	35	F 27:01

16	1700	Melissa Van Gorp	Pella	IA	35	F	27:06
8:44							
17	1613	Heather James	Lynnville	IA	36	F	27:32
8:52							
18	1764	Kori Kaufmann	Cedar Rapids	IA	36	F	28:16
9:06							
19	1825	Christi Hokel	Adel	IA	36	F	28:17
9:07							
20	1507	Joy Bartholomew	Cedar	IA	38	F	30:13
9:44							
21	1635	Jodi Menninga	Reasnor	IA	30	F	30:31
9:50							
22	1720	Shawn Vandenberg	Leighton	IA	37	F	31:49
10:15							
23	1780	Jamie Shetterly	Pella	IA	36	F	32:58
10:37							
24	1639	Tammy Needham	Lynnville	IA	36	F	34:03
10:58							
25	1747	Gina Zylstra	Pella	IA	35	F	34:19
11:03							
26	1684	Heidi Squires	Newton	IA	33	F	34:58
11:15							
27	1663	Theresa Rowland	Knoxville	IA	33	F	39:21
12:40							
28	1757	Bobbie Jo Pogue	Knoxville	IA	33	F	40:42
13:06							
29	1642	Elizabeth Pfeifer	Sully	IA	34	F	43:03
13:52							
30	1503	Tamara Alexander	Knoxville	IA	31	F	46:20
14:55							
31	1650	Stacy Playle	Pella	IA	37	F	48:53
15:44							
32	1692	Libby Tegrootenhuis	Pella	IA	37	F	49:46
16:01							
33	1728	Jennifer Veenstra	Knoxville	IA	34	F	49:59
16:06							
34	1568	Tara Fransman	Pella	IA	33	F	50:31
16:16							
35	1576	Mindy Gelder	Ames	IA	31	F	50:34
16:17							

MALE AGE GROUP RESULTS 30 - 39

Place	No.	Name	City	St	Age	S	Time
=====	=====	=====	=====	==	===	=	=====
=====							
1	1796	Luke Vander Leest	Sioux Falls	SD	35	M	17:37
5:41							
2	1730	Chris Ver Meer	Pella	IA	36	M	19:04
6:09							
3	1803	Chris Lauman	Pella	IA	33	M	22:22
7:12							

7:18	4	1618	Doug Kanis	Pella	IA	32	M	22:39
7:32	5	1724	Darrell Veenstra	Lynnville	IA	38	M	23:23
7:37	6	1575	Aaron Fuller	Knoxville	IA	31	M	23:38
7:47	7	1558	Jeff Finken	Knoxville	IA	32	M	24:09
7:47	8	1584	Kevin Groenenboom	Belmont	MI	36	M	24:11
7:57	9	1761	Levi Umble	Mitchell	NE	30	M	24:40
8:02	10	1714	Will Van Wyngarden	Pella	IA	31	M	24:57
8:32	11	1519	Kent Breems	Pella	IA	33	M	26:29
9:05	12	1778	Graham Shetterly	Pella	IA	36	M	28:12
9:09	13	1550	Zach Devries	Pella	IA	31	M	28:25
9:36	14	1634	Marc Menninga	Reasnor	IA	35	M	29:48
10:35	15	1664	Chris Rowland	Knoxville	IA	36	M	32:51
10:37	16	1632	Jonathan Meinders	Pella	IA	31	M	32:57
10:51	17	1752	Mark Zylstra	Pella	IA	38	M	33:41
11:17	18	1805	Paul Griffiths	Belmont	MA	36	M	35:01
11:36	19	1715	Jeremy Vande Noord	Prairie City	IA	39	M	36:01

FEMALE AGE GROUP RESULTS 40 - 49

Place	No.	Name	City	St	Age	S	Time
===== =====	===== =====	===== =====	===== =====	==	===	=	=====
7:43	1	1737	Becky Watkins	Pella	IA	44	F 23:58
7:44	2	1626	Lisa Lensing	Pella	IA	49	F 24:02
8:11	3	1504	Ronda Almond	Oskaloosa	IA	40	F 25:23
8:36	4	1539	Colleen Decker	Libertyville	IA	40	F 26:42
8:38	5	1767	Brenda Van Hal	Pella	IA	48	F 26:48
8:47	6	1607	Teresa Hovell	Pella	IA	41	F 27:16
8:58	7	1766	Diane Henry	Urbandale	IA	42	F 27:51

8	1532	Jean De Graaf	Pella	IA	46	F	28:21
9:08							
9	1679	Carol Schulte	Pella	IA	44	F	28:24
9:09							
10	1673	Mindy Samson	Sully	IA	43	F	30:12
9:44							
11	1772	Michelle Van Rheenen	Marion	IA	42	F	32:20
10:25							
12	1510	Pamela Bennett	Melcher	IA	44	F	32:32
10:29							
13	1698	Lisa Van Gorp	Pella	IA	48	F	34:36
11:09							
14	1734	Martha Verhey	Leighton	IA	40	F	34:53
11:14							
15	1711	Amy Van Wolde	Pella	IA	46	F	39:06
12:35							
16	1792	Lisa Fyfe	Pella	IA	40	F	39:55
12:51							
17	1819	Cindy Beard	Des Moines	IA	49	F	40:01
12:53							
18	1662	Sherry Ross	Pella	IA	40	F	44:01
14:10							
19	1723	Angela Vander Molen	New Sharon	IA	42	F	49:17
15:52							
20	1739	Teresa Wells	Melcher	IA	45	F	50:51
16:22							
21	1729	Sherry Veldhuizen	New Sharon	IA	49	F	50:51
16:22							

MALE AGE GROUP RESULTS 40 - 49

Place	No.	Name	City	St	Age	S	Time
Pace							
=====	=====	=====	=====	==	===	=	=====
=====							
	1	1791 Stephen Fyfe	Pella	IA	47	M	18:51
6:04							
	2	1794 Joe Dupre	Pella	IA	48	M	19:18
6:13							
	3	1636 Scott Meyer	Pella	IA	47	M	19:51
6:24							
	4	1736 Dave Watkins	Pella	IA	47	M	19:57
6:26							
	5	1795 Craig McClenahan	Keota	IA	43	M	20:08
6:29							
	6	1643 Doug Phelps	Pella	IA	43	M	20:38
6:39							
	7	1821 Rob Hammann	Leighton	IA	40	M	21:15
6:51							
	8	1688 Kendell Swanson	Pella	IA	45	M	21:46
7:01							
	9	1787 Tim Steenhoek	Des Moines	IA	44	M	21:53
7:03							

10	1696	Gary Thatcher	Fairmont	IA	41	M	24:15
7:49							
11	1621	Brian Kisling	Pella	IA	41	M	24:25
7:52							
12	1744	Terryy Wynja	Pella	IA	47	M	24:38
7:56							
13	1638	Michael Munoz	Pella	IA	41	M	24:41
7:57							
14	1637	Mark Mills	Pella	IA	43	M	24:49
8:00							
15	1595	Rod Harding	Lacona	IA	46	M	25:00
8:03							
16	1625	Dale Lensing	Otley	IA	47	M	25:57
8:22							
17	1699	Doug Van Gorp	Pella	IA	49	M	26:02
8:23							
18	1765	Scott Miller	Urbandale	IA	49	M	27:51
8:58							
19	1733	Tim Verhey	Leighton	IA	42	M	28:17
9:07							
20	1777	Josh Shetterly	Pella	IA	40	M	30:34
9:51							
21	1776	John Van Rheenen	Marion	IA	44	M	34:30
11:07							
22	1710	Art Van Wolde	Pella	IA	46	M	39:05
12:35							
23	1808	James Kandrick	Pella	IA	40	M	50:02
16:07							

FEMALE AGE GROUP RESULTS 50 - 59

Place	No.	Name	City	St	Age	S	Time
====	====	=====	=====	==	===	=	=====
====							
	1	1674 Paula Sandmeier	Knoxville	IA	55	F	26:41
8:36							
	2	1814 Nancy Vander Broek	Pella	IA	56	F	26:42
8:36							
	3	1528 Mary Cooper	Des Moines	IA	56	F	27:30
8:51							
	4	1586 Lisa Groenendyk	Leighton	IA	54	F	28:35
9:12							
	5	1537 Carol De Ronde	Oskaloosa	IA	54	F	28:50
9:17							
	6	1544 Lana Degroot	Oskaloosa	IA	50	F	28:50
9:17							
	7	1501 Anne Aalbers	Pella	IA	56	F	30:57
9:58							
	8	1641 Cindy Norman	Sully	IA	57	F	33:24
10:45							
	9	1735 Corrinne Verschuure	Pella	IA	57	F	34:23
11:04							

10	1746	Nancy Yarrington	Sully	IA	57	F	34:58
11:15							
11	1631	Joy Mcdanel McDanel	Knoxville	IA	54	F	35:24
11:24							
12	1758	Diana Hartman	Des Moines	IA	53	F	45:24
14:37							
13	1759	Patty Devries	Monroe	IA	52	F	50:33
16:17							

MALE AGE GROUP RESULTS 50 - 59

Place	No.	Name	City	St	Age	S	Time
Pace							
=====	=====	=====	=====	==	===	=	=====
=====							
	1	1554 Steve Feld	Marshalltown	IA	52	M	18:51
6:05							
	2	1594 Richard Hanna	New Sharon	IA	51	M	21:05
6:47							
	3	1811 Randy Davis	Altoona	IA	55	M	22:03
7:06							
	4	1813 Kevin Knott	New Sharon	IA	54	M	22:28
7:14							
	5	1820 Kevin Ryan	W Des Moines	IA	50	M	26:50
8:38							
	6	1815 Dale Vander Broek	Pella	IA	56	M	28:37
9:13							
	7	1745 Gordon Yarrington	Sully	IA	57	M	34:03
10:58							

FEMALE AGE GROUP RESULTS 60 - 69

Place	No.	Name	City	St	Age	S	Time
Pace							
=====	=====	=====	=====	==	===	=	=====
=====							
	1	1706 Mary Van Steenis	Pella	IA	63	F	24:09
7:47							
	2	1552 Alida Droppert	Pella	IA	63	F	24:53
8:01							
	3	1666 Becky Rozenboom	Oskaloosa	IA	60	F	26:11
8:26							
	4	1555 Anne Femister	Pella	IA	68	F	30:01
9:40							
	5	1732 Marilyn Ver Meer	Pella	IA	63	F	38:07
12:16							
	6	1531 Ruth De Bruin	Fremont	IA	60	F	46:40
15:02							
	7	1512 Rose Blankespoor	Pella	IA	67	F	49:22
15:54							
	8	1763 Janet Eggerling	Pella	IA	67	F	50:47
16:21							

9 1741 Pat Wichhart Pella IA 67 F 53:14
17:08

MALE AGE GROUP RESULTS 60 - 69

Place	No.	Name	City	St	Age	S	Time
===== ===== 1	1689	Steve Taylor	Monroe	IA	60	M	21:44
7:00	2	1790 Andrew Hazer	Columbia	IA	62	M	22:32
7:16	3	1655 Johns Ritsema	Pella	IA	62	M	34:16
11:02	4	1567 Richard Franklin	Marshalltown	IA	64	M	58:52
18:57							

FEMALE AGE GROUP RESULTS 70 - 99

Place	No.	Name	City	St	Age	S	Time
===== ===== 1	1708	Esther Van Weelden	Pella	IA	71	F	53:14
17:08							

MALE AGE GROUP RESULTS 70 - 99

Place	No.	Name	City	St	Age	S	Time
===== ===== 1	1771	Wilbur Veenstra	Pella	IA	74	M	34:52
11:14	2	1788 Hummer Brown	Pleasant Hill	IA	72	M	39:49
12:49	3	1709 Casey Van Weelden	Pella	IA	73	M	49:27
15:55							