

5K RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Time
1	Lisa Ver Meer	31	Pella	IA	22:16
2	Lacey Beenken	24	Bancroft	IA	22:35
3	Sarah Brandsen	16	Pella	IA	22:46
4	Amy Branderhorst	27	Pella	IA	22:47
5	Lisa Lensing	48	Pella	IA	22:53

MALE OVERALL

Place	Name	Age	City	St	Time
1	Louis Pelsang	36	Iowa City	IA	17:27
2	Darin Schuknecht	29	Pella	IA	17:41
3	Michael Schemm	16	Pella	IA	18:16
4	Ed Tormeg	47	Indianola	IA	18:21
5	Jake Lensing	14	Pella	IA	18:25

FEMALE INDIVIDUAL AGE GROUP: 1 - 10

Place	Name	Age	City	St	Time
1	Avery Smith	9	Omaha	NE	24:55
2	Chelsea Jorgensen	7	Pella	IA	26:37
3	Jacque Lensing	10	Pella	IA	30:28
4	Brooke Jorgensen	10	Pella	IA	30:41
5	Bailey Roose	7	Pella	IA	34:10
6	Kendra Rozendaal	10	Otley	IA	34:35
7	Adrie Fransman	8	Pella	IA	44:54
8	Kaitlyn Van Rheenen	6	Marion	IA	49:28

MALE INDIVIDUAL AGE GROUP: 1 - 10

Place	Name	Age	City	St	Time
1	Isaiah Gritters	9	Pella	IA	23:54
2	Nial Van Wyk	10	Otley	IA	24:46
3	Landon Shetterly	7	Pella	IA	35:37
4	Jacob Van Kooten	10	Clive	IA	36:52
5	Jaydon Vande Noord	10	Prairie City	IA	37:49
6	Levi Jansen	10	Pella	IA	37:50
7	Carver Van Zee	7	Pella	IA	39:48
8	Jacob Schemm	10	Pella	IA	39:48
9	Landon Fransman	4	Pella	IA	49:08

10	E.J. Fransman	7	Pella	IA	49:08
11	Kyler Reidel	8	Knoxville	IA	51:43

FEMALE INDIVIDUAL AGE GROUP: 11 - 14

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Kelsey Blommers	12	Leighton	IA	23:14
2	Lydia Van Ee	14	Otley	IA	25:56
3	Anna Van Wolde	13	Pella	IA	26:28
4	Abby Van Rheenen	11	Marion	IA	30:38
5	McKenna Pierce	14	Indianola	IA	30:43
6	Brooke Redshaw	11	Johnston	IA	31:28
7	Hannah McCann	13	Ankeny	IA	31:57
8	Abbi Gosselink	11	Leighton	IA	32:42
9	Morgan Van Maanen	12	Oskaloosa	IA	32:43
10	Rachel Gillette	12	Ankeny	IA	34:11
11	Kandace Hofman	11	Pella	IA	34:35
12	Emily Van Gorp	14	Pella	IA	40:34
13	Kendall Van Woerkom	13	Pella	IA	40:34
14	Haylie Van Maanen	14	Leighton	IA	40:34
15	Jordan Van Maanen	11	Oskaloosa	IA	41:03
16	Amanda Harrill	11	Pella	IA	41:04
17	Payton Phelps	12	Pella	IA	42:20
18	Rebekah Fyfe	11	Pella	IA	42:22
19	Kelsey Hofman	12	Pella	IA	42:42
20	Brooke Eveland	13	Eddyville	IA	43:19

MALE INDIVIDUAL AGE GROUP: 11 - 14

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Jake Lensing	14	Pella	IA	18:25
2	Aj Knowles	12	Ankeny	IA	20:51
3	Sawyer Burton	14	Pella	IA	20:55
4	Travis Dingeman	14	Pella	IA	21:35
5	David Schemm	14	Pella	IA	22:39
6	Avery Van Zee	11	Pella	IA	23:47
7	Noah Van Maanen	11	Leighton	IA	25:09
8	Macguire Sarver	12	Pella	IA	25:15
9	Jake De Ruitter	14	Pella	IA	25:59
10	Timothy Van Rheenen	13	Marion	IA	26:30
11	Sam Lensing	11	Pella	IA	26:36
12	Noah Gritters	13	Pella	IA	28:01
13	Andrew Van Wolde	11	Pella	IA	33:53
14	Bailey Hamilton	11	Pella	IA	37:35
15	Lucas Jansen	12	Pella	IA	42:15
16	Jaden Reidel	11	Knoxville	IA	45:06

FEMALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Time
1	Sarah Brandsen	16	Pella	IA	22:46
2	Abigail Fincel	18	Oskaloosa	IA	24:24
3	Maria Van Wolde	15	Pella	IA	24:26
4	Karianne Bolt	16	Pella	IA	26:32
5	Taylor Stursma	17	Pella	IA	30:09
6	Erika Van Wyk	16	Otley	IA	30:56
7	Abby Fyfe	15	Pella	IA	31:39
8	Rachel Fyfe	17	Pella	IA	42:41

MALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Time
1	Michael Schemm	16	Pella	IA	18:16
2	Jon Lensing	16	Pella	IA	21:03
3	Tanner Phelps	15	Pella	IA	21:29
4	Leighton Schnedler	16	Pella	IA	22:29
5	Jordan Pierce	18	Indianola	IA	22:42
6	Riley Stursma	16	Pella	IA	22:43
7	Cameron Redshaw	15	Johnston	IA	23:30

FEMALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Time
1	Lacey Beenken	24	Bancroft	IA	22:35
2	Amy Branderhorst	27	Pella	IA	22:47
3	Kimberly Coates	28	Pella	IA	23:25
4	Laura Etnier	27	Des Moines	IA	23:53
5	Christa Vander Leest	24	Mason City	IA	24:44
6	Emily Stursma	20	Pella	IA	25:20
7	Stephanie Pierson	20	Pella	IA	27:33
8	Joy Den Hartog	27	Des Moines	IA	28:03
9	Sarah Hynick	20	Cedar Rapids	IA	30:11
10	Jodi Menninga	29	Reasnor	IA	30:33
11	Rachael Pahl	27	Dike	IA	32:39
12	Kristin Brouwer	29	Pella	IA	32:40
13	Joy Ritsema	25	Pella	IA	32:41
14	Amber Daugherty	22	Ankeny	IA	34:11
15	Carla Petrich	23	Oskaloosa	IA	38:08
16	Kristin Van Zee	29	Oskaloosa	IA	39:14
17	Janelle Vander Molen	20	Lynnville	IA	43:08
18	Rebecca Rozenboom	25	Bussey	IA	44:58
19	Valerie Fisk	25	Lynnville	IA	45:18
20	Amy Reidel	29	Knoxville	IA	51:47

MALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Time
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1	Darin Schukneckt	29	Pella	IA	17:41
2	Bryan Kloberdanz	22	Cedar Rapids	IA	20:22
3	Jared Bogaards	25	Grimes	IA	21:13
4	Eric Gotschall	26	Pella	IA	21:43
5	Seth Beenken	26	Bancroft	IA	22:08
6	Chad Otdoerfer	27	Ottumwa	IA	23:28
7	Steven Warden	21	Pella	IA	24:12
8	Lance Eysink	23	Pella	IA	25:17
9	John Binhack	21	Pella	IA	27:34
10	Bob Wilt	27	Knoxville	IA	28:00
11	Cory Piper	26	Knoxville	IA	30:12

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Sherri Jorgensen	37	Pella	IA	23:29
2	Jennifer Veenstra	33	Knoxville	IA	24:40
3	Maggie Chance	35	Chariton	IA	25:37
4	Angela Veenstra	36	Oskaloosa	IA	25:45
5	Amy Bokhoven	36	Pella	IA	26:18
6	Kelly Mitchell	31	New Sharon	IA	26:22
7	Teresa Huizenga	34	Highland	IN	27:18
8	Melissa Van Gorp	34	Pella	IA	27:19
9	Jana Boonstra	33	New Sharon	IA	28:03
10	Mary Jane Mills	33	Des Moines	IA	28:20
11	Shawn Vandenberg	36	Leighton	IA	29:01
12	Kim Gritters	38	Pella	IA	29:28
13	Charlee Eekhoff	34	Pella	IA	29:41
14	Jessica Little	32	Pleasant Hill	IA	30:21
15	Leah Ozinga	30	Bussey	IA	31:18
16	Janae Van Soelen	34	Sully	IA	31:19
17	Kori Kaufmann	35	Cedar Rapids	IA	31:36
18	Jodi Vande Noord	36	Prairie City	IA	32:12
19	Jeana Wescott	35	St Paul	MN	32:40
20	Tammy Needham	35	Lynnville	IA	34:12
21	Angie Roose	37	Pella	IA	34:40
22	Tricia Van Zee	35	Pella	IA	38:57
23	Bobbie Jo Pogue	32	Knoxville	IA	39:08
24	Theresa Rowland	32	Knoxville	IA	39:50
25	Carrie Kelderman	33	Pella	IA	42:01
26	Kelly Nikkel	33	Pella	IA	42:02
27	Shelli Eveland	39	Eddyville	IA	43:24
28	Karen Harrill	39	Pella	IA	43:44
29	Tara Fransman	32	Pella	IA	49:18

MALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Josh Visser	30	Pella	IA	18:47

2	Colby Smith	36	Omaha	NE	18:54
3	Chris Ver Meer	35	Pella	IA	19:28
4	Joe Beaver	34	Knoxville	IA	20:24
5	Doug Prange	32	Pella	IA	22:14
6	Brnadon Hoch	36	Knoxville	IA	22:26
7	Dan Roose	35	Pella	IA	23:08
8	Jeremy Vande Noord	38	Prairie City	IA	23:29
9	Tony Bokhoven	38	Pella	IA	23:50
10	Scott Pothoven	36	Pella	IA	23:54
11	Will Van Wyngarden	30	Pella	IA	24:00
12	Stewart Dougl Kanis	31	Pella	IA	24:21
13	Russ Goodman	38	Pella	IA	24:40
14	Justin Vander Leest	31	Des Moines	IA	24:46
15	Darrell Veenstra	38	Oskaloosa	IA	25:19
16	Weslie Spradling	35	Des Moines	IA	25:31
17	Chad Van Soelen	39	Pella	IA	26:29
18	Mark Jorgensen	39	Pella	IA	26:36
19	Kent Breems	32	Pella	IA	27:22
20	James Kendrick	39	Pella	IA	27:29
21	Lance Van Zee	36	Pella	IA	28:36
22	Mark Van Gorp	39	Pella	IA	30:06
23	Aaron Fuller	30	Knoxville	IA	31:02
24	Graham Shetterly	35	Pella	IA	32:38
25	Zach Devries	30	Pella	IA	33:42
26	Marc Menninga	34	Reasnor	IA	34:17
27	Chris Rowland	35	Knoxville	IA	35:36
28	Jason Pogue	36	Knoxville	IA	48:20
29	Michael Fransman	34	Pella	IA	49:09

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
=====	=====	====	=====	==	=====
1	Lisa Lensing	48	Pella	IA	22:53
2	Becky Roe	43	Pella	IA	23:49
3	Maria Wadle	42	Knoxville	IA	24:39
4	Sharon Van Roekel	46	Pella	IA	25:23
5	Jean Dingeman	47	Pella	IA	25:28
6	Julie Van Soelen	40	Pella	IA	26:11
7	Lana Degroot	49	Oskaloosa	IA	26:41
8	Diane Manser	47	West Des Moines	IA	26:49
9	Cherie Schemm	41	Pella	IA	28:53
10	Brenda Stursma	48	Pella	IA	30:44
11	Deb Pierce	41	Indianola	IA	30:44
12	Michelle Van Rheenen	41	Marion	IA	31:17
13	Lisa Fyfe	46	Pella	IA	31:41
14	Lisa Van Gorp	47	Pella	IA	33:30
15	Susan Pierson	45	Pella	IA	34:26
16	Marcy Stravers	41	Pella	IA	36:17
17	Tracy Klucas	41	Oskaloosa	IA	40:02
18	Codi Christianson	40	Pella	IA	40:29
19	Pam Phelps	40	Pella	IA	43:12
20	Linda Franje	48	New Sharon	IA	50:46

MALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
1	Ed Tormey	47	Indianola	IA	18:21
2	James Pelsang	46	Iowa City	IA	18:33
3	Stephen Fyfe	46	Pella	IA	19:37
4	Doug Phelps	42	Pella	IA	19:50
5	Dave Watkins	46	Pella	IA	20:31
6	Jon Kuyers	43	Pella	IA	20:47
7	Brent Pierson	45	Pella	IA	22:03
8	Steve Schemm	43	Pella	IA	23:01
9	Steve Buzick	46	Pella	IA	23:17
10	Brian Kisling	40	Pella	IA	23:38
11	Dale Lensing	46	Pella	IA	23:51
12	Galen Redshaw	49	Johnston	IA	23:57
13	Terry Wynja	46	Pella	IA	24:43
14	Bruce Jansen	43	Pella	IA	25:01
15	Paul Hofman	42	Pella	IA	25:10
16	Jim Lovin	49	Marshalltown	IA	26:45
17	Doug Van Gorp	48	Pella	IA	26:53
18	Dennis McLaughlin	43	Des Moines	IA	28:51
19	Art Van Wolde	45	Pella	IA	28:53
20	John Van Rheenen	43	Marion	IA	31:25
21	Brian Van Zee	40	Pella	IA	37:56
22	Rick Harrill	42	Pella	IA	43:45

FEMALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Joyce Burch	55	Pella	IA	26:42
2	Becky Rozenboom	59	Oskaloosa	IA	26:44
3	Nancy Vander Broek	55	Pella	IA	27:00
4	Joann Cruse	52	New Glarus	WI	27:23
5	Nancy Yarrington	56	Sully	IA	31:09
6	Corrine Verschuure	55	Pella	IA	35:34
7	Kathryn Daugherty	59	Pella	IA	37:54
8	Laurel Devries	52	Knoxville	IA	38:46
9	Joy McDanel	53	Knoxville	IA	44:01
10	Carla Vander Molen	51	Lynnville	IA	44:04
11	Mary Van Haaften	53	Pella	IA	46:56
12	Kt Cook	51	Cedar Rapids	IA	48:11
13	Linda De Haan	59	Pella	IA	57:13

MALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Arvin Pleima	50	Pella	IA	20:42

2	Richard Hanna	50	New Sharon	IA	23:32
3	Art Millikin	58	Hedrick	IA	24:58
4	Loren Bogaards	53	Pella	IA	25:35
5	Ron Mitchel	57	Pella	IA	27:08
6	Dale Vander Broek	55	Pella	IA	31:05
7	Gordon Yarrington	56	Sully	IA	34:12
8	Maury De Haan	59	Pella	IA	47:32

FEMALE INDIVIDUAL AGE GROUP: 60 - 99

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Marilyn Ver Meer	62	Pella	IA	24:13
2	Mary Van Steenis	62	Pella	IA	25:34
3	Alida Droppert	62	Pella	IA	25:41
4	Arlene Lindgren	74	Pella	IA	46:58
5	Pat Whichhart	66	Pella	IA	50:57
6	Karen Van Soelen	63	Pella	IA	51:04

MALE INDIVIDUAL AGE GROUP: 60 - 99

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Ed Dieleman	66	Oskaloosa	IA	23:56
2	Ron Wilharm	64	Tracy	IA	24:35
3	Douglas Smiley	66	Pella	IA	32:06
4	Wilbur Veenstra	73	Pella	IA	32:23
5	David Lindgren	76	Pella	IA	37:51
6	Hummer Brown	71	Des Moines	IA	39:24
7	Del Wichhart	67	Pella	IA	50:57
8	Frank Van Soelen	70	Sully	IA	51:04
9	Stanley Mulder	82	Otley	IA	53:05