

5K RESULTS

FEMALE OVERALL

Place	Name	Age	City	St	Time
1	Alexa Vander Leest	17	Sully	IA	20:29
2	Kelcey Blommers	14	Pella	IA	21:22
3	Lisa Ver Meer	33	Pella	IA	21:23
4	Alyssa Starkey	16	Pella	IA	22:13
5	Ellie Burns	31	Pella	IA	22:52

MALE OVERALL

Place	Name	Age	City	St	Time
1	Chad Sellers	34	Pella	IA	16:30
2	Alex Edwards	20	Knoxville	IA	17:30
3	Luke Vander Leest	36	Sioux Falls	SD	17:35
4	Bryan Kloberdanz	24	Cedar Falls	IA	18:10
5	John Admiraal	17	Pella	IA	18:14

FEMALE INDIVIDUAL AGE GROUP: 1 - 10

Place	Name	Age	City	St	Time
1	Anna Childerston	8	Pella	IA	26:10
2	Kaitlyn Van Rheenen	8	Marion	IA	30:33
3	Janae Vande Noord	8	Prairie City	IA	33:21
4	Allison Van Gorp	9	Pella	IA	40:38
5	Maya Brandsen	10	Ankeny	IA	43:50
6	Brynn Runner	4	Pella	IA	44:14
7	Kyla Runner	2	Pella	IA	44:14
8	Elizabeth Vink	8	Pella	IA	44:52
9	Natalie Harrill	9	Pella	IA	45:45

MALE INDIVIDUAL AGE GROUP: 1 - 10

Place	Name	Age	City	St	Time
1	Chase Lauman	8	Pella	IA	21:18
2	Cohen Darsee	9	Urbandale	IA	21:59
3	Hayden Te Grotenhuis	8	Pella	IA	25:43
4	Micah De Haan	8			26:32
5	Carter Meinders	2	Pella	IA	29:01
6	Sawyer Meinders	5	Pella	IA	29:02
7	Noah Hofmann	8	Titonka	IA	30:13
8	Jacob Hofmann	10	Titonka	IA	31:06

9	Jack Fancher	8	Cedar Rapids	IA	34:23
10	Trevor Veenstra	6	Lynnville	IA	35:17
11	Noah Van Soelen	9	Pella	IA	38:04
12	Devan Runner	5	Pella	IA	42:31
13	Elijah Meyer	9	Spencer	IA	54:48
14	Jack Meyer	9	Spencer	IA	54:50

FEMALE INDIVIDUAL AGE GROUP: 11 - 14

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Kelcey Blommers	14	Pella	IA	21:22
2	Abigail Van Rheenen	13	Marion	IA	24:12
3	Jacque Lensing	12	Pella	IA	25:49
4	Grace Fisher	13	Pella	IA	26:31
5	Lydia Verhey	11	Leighton	IA	29:48
6	Josie Te Grotenhuis	13	Pella	IA	29:57
7	Emma Veenstra	11	Urbandale	IA	35:58
8	Abby Te Grotenhuis	11	Pella	IA	38:15
9	Abigail Van Soelen	14	Pella	IA	38:50
10	Samantha Hedrick	14	Pella	IA	39:22
11	Olivia Van Soelen	11	Pella	IA	44:00
12	Emeerson Sarver	11	Pella	IA	46:33
13	Emily Pfalzgraf	14	Oskaloosa	IA	50:25

MALE INDIVIDUAL AGE GROUP: 11 - 14

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Eric Steiger	13	Lynden	WA	21:11
2	Samuel Dahm	14	Otley	IA	21:12
3	Noah Van Maanen	13	Leighton	IA	21:56
4	Sam Lensing	14	Pella	IA	24:15
5	Mac Sarver	14	Pella	IA	24:17
6	Jaydon Vande Noord	12	Prairie City	IA	24:41
7	Sam Fredrickson	14	Pella	IA	24:45
8	Connor Van Weelden	11	Ames	IA	31:29
9	Blake Veenstra	11	Lynnville	IA	34:43
10	Ezra Meyer	12	Spencer	IA	46:16

FEMALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Alyssa Starkey	16	Pella	IA	22:13
2	Kira Braun	16	Pella	IA	26:51
3	Deirdre Bia	19	Gamerco	NM	28:34
4	Jenna Darsee	19	Urbandale	IA	29:10
5	Jeannie Ethyre	15	Pella	IA	29:46
6	Sara Martin	15	Pella	IA	29:46
7	Emily Van Gorp	16	Pella	IA	35:34

8	Christa Veenstra	15	Tracy	IA	35:59
9	Claire Van Weelden	17	Pella	IA	46:17
10	Olivia Van Weelden	16	Ames	IA	46:17
11	Addison Van Weelden	17	Pella	IA	46:17
12	India Sarver	18	Pella	IA	46:32
13	Brooke Eveland	15	Eddyville	IA	48:59
14	Yadi Xu	16			54:20
15	Gloria Van Weelden	16	Pella	IA	54:21

MALE INDIVIDUAL AGE GROUP: 15 - 19

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	John Admiraal	17	Pella	IA	18:14
2	Jake Lensing	16	Pella	IA	18:50
3	Jake De Ruiten	15	Pella	IA	21:19
4	Jon Lensing	18	Pella	IA	23:06
5	Ben Bouwkam	15	Pella	IA	23:27
6	Thaddeus Braun	17	Pella	IA	23:31
7	Joshua Fopma	15	Sully	IA	24:37
8	Timothy Van Rheenen	15	Marion	IA	26:53
9	Colton Crall	17	Albia	IA	28:23
10	Rebecca Steiger	18	Lynden	WA	32:44

FEMALE INDIVIDUAL AGE GROUP: 20 - 29

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Lacey Beenken	26	Oskaloosa	IA	22:57
2	Amy Meyer	29	East Peoria	IL	23:17
3	Stephanie Pierson	22	Pella	IA	26:26
4	Sarah Treft	29	Pella	IA	26:58
5	Rachel Van Maanen	27	Sully	IA	27:10
6	Olivia Otdoerfer	25	Albia	IA	28:25
7	Abbey De Bruin	20	Oskaloosa	IA	28:26
8	Sarah Hynick	22	Cedar Falls	IA	29:15
9	Faith Strothman	25	Batavia	IA	29:51
10	Rachel Madany	27	Oskaloosa	IA	31:01
11	Katie Bushnell	25	Pella	IA	31:54
12	Chelsea Schippers	26			33:53
13	Sara Van Gorp	20	Pella	IA	35:35
14	Rachel Van Gorp	21	Pella	IA	35:35
15	Lynne Johnson	28	West Des Moines	IA	35:43
16	Merribeth De Groot	26	Oskaloosa	IA	37:07
17	Abby Banken	23	White Bear Lake	MN	48:12
18	Sarah Banken	25	White Bear Lake	MN	48:12
19	Natasha White	29	Des Moines	IA	59:15

MALE INDIVIDUAL AGE GROUP: 20 - 29

Place Name	Age	City	St	Time
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1	Alex Edwards	20	Knoxville	IA	17:30
2	Bryan Kloberdanz	24	Cedar Falls	IA	18:10
3	Seth Beenken	27	Oskaloosa	IA	23:06
4	Chad Otdoerfer	29	Albia	IA	23:21
5	Ben Ribbens	29	Oak Park	IL	23:49
6	Matt Van Maanen	26	Pella	IA	26:45
7	Evan Westra	23	Hull	IA	28:05
8	Nicole Steiger	21	Lynden	WA	32:44

FEMALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
1	Lisa Ver Meer	33	Pella	IA	21:23
2	Ellie Burns	31	Pella	IA	22:52
3	Kara Smit	35	Orange City	IA	23:32
4	Teresa Rens	35	Pella	IA	23:53
5	Sherri Tegrootenhuis	35	Pella	IA	24:22
6	Susan Hofmann	34	Titonka	IA	24:41
7	Angie Veenstra	37	Urbandale	IA	25:08
8	Tracey Branderhorst	31	Long Beach	CA	25:11
9	Angie Van Gorp	31	Pella	IA	25:26
10	Angela Veenstra	38	Lynnville	IA	25:27
11	Laurie Hatfield	35	Cedar Rapids	IA	25:59
12	Kami Roozeboom	32	Pella	IA	26:16
13	Sarah Van Waardhuizen	31	Pella	IA	27:03
14	Jana Boonstra	35	New Sharon	IA	27:33
15	Heidi Van Wyk	31	New Sharon	IA	28:02
16	Shawna Tice	33	Sully	IA	28:10
17	Lindsay Devries	33	Pella	IA	28:12
18	Valerie Clayton	35	Oskaloosa	IA	28:14
19	Heather Spong	36	Pella	IA	28:39
20	Leah Bruxvoort	30	New Sharon	IA	28:50
21	Jocelyn Meinders	33	Pella	IA	29:01
22	Shalene Zylstra	34	Pella	IA	29:12
23	Abby Van Wyk	31	Pella	IA	29:12
24	Melissa Van Gorp	37	Pella	IA	29:23
25	Amber Beerends	34	Newton	IA	30:15
26	Keri Crowley	37	Indianola	IA	31:07
27	Heather James	37	Lynnville	IA	31:11
28	Jodi Vande Noord	38	Prairie City	IA	33:47
29	Tina Vander Molen	34	Pella	IA	33:56
30	Erica Kluver	34	Ankeny	IA	34:27
31	Tara Fransman	34	Pella	IA	34:27
32	Danielle Malaise	38	Bondurant	IA	34:40
33	Tammy Needham	37	Lynnville	IA	37:26
34	Carrie Kelderman	35	Pella	IA	37:39
35	Kelly Nikkel	35	Pella	IA	37:39
36	Jennie Hedrick	33	Pella	IA	40:00
37	Becky Decarlo	39	Des Moines	IA	43:15
38	Sara Runner	33	Pella	IA	44:14
39	Jana Vink	35	Pella	IA	45:29

40	Lyndee Hugen	36	Indianola	IA	48:02
41	Molly Fairchild	37	Des Moines	IA	48:43
42	Ami Fisher	37	Pella	IA	55:06

MALE INDIVIDUAL AGE GROUP: 30 - 39

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Luke Vander Leest	36	Sioux Falls	SD	17:35
2	Chris Ver Meer	37	Pella	IA	19:20
3	Darin Schulneckt	30	Pella	IA	21:05
4	Chris Lauman	34	Pella	IA	21:20
5	Jeremy Breitenbach	33	Ottumwa	IA	21:41
6	S Douglas Kanis	33	Pella	IA	22:02
7	Cory Tice	34	Sully	IA	24:46
8	David Te Grotenhuis	38	Pella	IA	25:44
9	Zach Devries	32	Pella	IA	28:13
10	Mike Hofmann	36	Titonka	IA	30:14
11	Jon Meinders	32	Pella	IA	31:38
12	Marc Menninga	36	Reasnor	IA	32:50
13	Nick De Haan	31			33:03
14	Darrell Veenstra	39	Lynnville	IA	35:17
15	Tim Te Grootenhuis	35	Pella	IA	35:45
16	Steven Runner	33	Pella	IA	44:14
17	Adam Hazen	32	Knoxville	IA	59:16

FEMALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
=====	=====	=====	=====	=====	=====
1	Becky Watkins	45	Pella	IA	23:41
2	Jean Dingeman	49	Pella	IA	25:29
3	Julie Van Soelen	42	Pella	IA	27:03
4	Teresa Hovell	42	Pella	IA	27:06
5	Beth Van Maanen	47	Pella	IA	27:10
6	Michelle Van Rheenen	43	Marion	IA	30:19
7	Carol Schulte	45	Pella	IA	30:31
8	Donna Steiger	44	Lynden	WA	31:14
9	Lisa Burkle	45	Robins	IA	31:40
10	Diane Phoenix	48	Pella	IA	33:15
11	Susan Pierson	47	Pella	IA	33:42
12	Martha Verhey	41	Leighton	IA	40:06
13	Lisa Van Gorp	49	Pella	IA	42:16
14	Marci Allen	44	Pella	IA	45:48
15	Cindy Van Weelden	48	Pella	IA	46:17
16	Luann Van Weelden	45	Ames	IA	46:17
17	Shelly Sarver	42	Pella	IA	46:33
18	Lyn Howerzyl	43	Sully	IA	48:28
19	Barb Gosselink	43	Leighton	IA	48:29
20	Susan Meyer	43	Spencer	IA	54:47
21	Teresa Wells	46	Melcher	IA	59:15

MALE INDIVIDUAL AGE GROUP: 40 - 49

Place	Name	Age	City	St	Time
1	Scott Meyer	48	Pella	IA	20:42
2	Dan Austin	44	Boone	IA	20:49
3	Tony Morrison	42	Newton	IA	20:50
4	Dave Watkins	48	Pella	IA	21:34
5	Jacob Steiger	45	Lynden	WA	22:04
6	Jon Kuyers	45	Pella	IA	23:24
7	Mark Mills	44	Pella	IA	24:04
8	Russ Goodman	40	Pella	IA	24:09
9	Ron Childerston	41	Pella	IA	26:10
10	Mark Arkema	49	Pella	IA	26:14
11	Brent Pierson	47	Pella	IA	26:26
12	Brian Kisling	42	Pella	IA	26:43
13	Dale Lensing	48	Pella	IA	27:10
14	Terryl Wynja	48	Pella	IA	27:42
15	Dan Van Weelden	46	Ames	IA	31:29
16	David Kruse	43	Kellogg	IA	31:40
17	John Van Rheenen	45	Marion	IA	32:57
18	Jeremy Vande Noord	40	Prairie City	IA	33:20
19	Tim Verhey	43	Leighton	IA	40:06
20	Mark Van Gorp	41	Pella	IA	41:50
21	Chad Van Soelen	41	Pella	IA	43:40
22	Rick Harrill	44	Pella	IA	45:27
23	Nathaniel Meyer	45	Spencer	IA	46:15
24	Steve Van Weelden	47	Pella	IA	46:15
25	Mark Carter	47	Pella	IA	59:16

FEMALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Paula Vander Beek	55	Pella	IA	24:23
2	Lisa Lensing	50	Pella	IA	25:58
3	Lisa Groenendyk	55	Leighton	IA	29:33
4	Paula Sandmeier	56	Knoxville	IA	30:35
5	Lana Degroot	51	Oskaloosa	IA	31:58
6	Vicki Cowman	50	Pella	IA	35:10
7	Anne Aalbers	57	Pella	IA	36:57
8	Carol De Ronde	55	Oskaloosa	IA	37:40
9	Marla Nieuwsma	51	Oskaloosa	IA	37:40
10	Luann De Haan	55	Pella	IA	37:50
11	Pamela Fee	51	Knoxville	IA	40:12
12	Nancy Yarrington	57	Sully	IA	44:11
13	Kerry Pinkerton	59	Taintor	IA	44:20
14	Patty De Vries	53	Monroe	IA	44:47
15	Luann Brandsen	54	Ankeny	IA	45:48
16	Mary Van Haaften	55	Pella	IA	46:17
17	Joyce Banken	53	White Bear Lake	MN	48:15

MALE INDIVIDUAL AGE GROUP: 50 - 59

Place	Name	Age	City	St	Time
1	Richard Hanna	52	New Sharon	IA	22:24
2	Paul Albritton	52	Carlisle	IA	26:43
3	Kevin Ryan	51	West Des Moines	IA	27:30
4	Mark Fee	50	Knoxville	IA	30:17
5	Mike Cowman	50	Pella	IA	35:09
6	Gordon Yarrington	57	Sully	IA	37:26
7	Ralph De Haan	55	Pella	IA	37:49
8	Doug Van Gorp	50	Pella	IA	42:17

FEMALE INDIVIDUAL AGE GROUP: 60 - 99

Place	Name	Age	City	St	Time
1	Marilyn Ver Meer	64	Pella	IA	23:50
2	Mary Van Steenis	64	Pella	IA	25:34
3	Becky Rozenboom	61	Oskaloosa	IA	27:04
4	Alida Droppert	64	Pella	IA	27:05
5	Linda De Haan	61	Pella	IA	44:38
6	Esther Van Weelden	72	Pella	IA	54:46

MALE INDIVIDUAL AGE GROUP: 60 - 99

Place	Name	Age	City	St	Time
1	Stephen Taylor	61	Monroe	IA	22:52
2	Andrew Hazer	63	Pella	IA	24:20
3	Larry Hamm	64	Des Moines	IA	26:17
4	Art Milliken	60	Martinsburg	IA	26:58
5	Gary Rubenbauer	61	Marshalltown	IA	28:21
6	Wilbur Veenstra	75	Pella	IA	35:59
7	Maury De Haan	61	Pella	IA	38:57
8	Hummer Brown	73	Des Moines	IA	43:04
9	Henry Allen	63	Pella	IA	45:49
10	Casey Van Weelden	74	Pella	IA	54:48